

[Support for SB 764 Chain Restaurants: Children's Meals]

Motion to urge the Board of Supervisors and Mayor to support Senate Bill 764

WHEREAS, The San Francisco Youth Commission is a chartered body in the City and County of San Francisco that represents the needs and voices of youth; and

WHEREAS, San Francisco Health Improvement Partnership found that local consumption of fruits and vegetables is below recommendation for the majority of children, with two thirds of San Francisco children and teens reporting eating less than 5 servings of fruits and vegetables daily; and

WHEREAS, In 2015-2016, the Population Reference Bureau found that 39.2% of California children ages 2–11 and 48.6% of youth ages 12–17 consumed fast food two or more times in the past week; and

WHEREAS, Chain restaurant menu items contain ultra processed foods with high levels of saturated and trans fat, which is directly linked to higher rates of obesity, diabetes, heart disease, and mental health issues, thus harming the livelihoods of youth; and

WHEREAS, In 2019-2022, nearly half of all San Francisco Health Network Pediatric Well-Child Clinic Visits were for a child with an obese or overweight Body Mass Index; and

WHEREAS, In the same report, obesity and overweight classifications disproportionately affect Native Hawaiian/Pacific Islander (74%), Latino (51%), and Black children (49%) versus 31% of White (non-Latino) youth face obesity; and

WHEREAS, Latino youth accounted for 48.3% of all hospitalizations due to obesity or overweight classifications; and

1 WHEREAS, Native Hawaiian/Pacific Islander, Latino, and Black families face
2 higher rates of low-income, food insecurity and income inequality; and

3 WHEREAS, Senate Bill 764 would implement new guidelines, mandate
4 employee training, and to adhere to the nutritional values of children's meals offered at
5 chain restaurants; and therefore be it

6 MOVED, that the San Francisco Youth Commission hereby urges the Mayor and
7 Board of Supervisors to urge the State Legislature to support SB 764, ensuring that
8 youth in San Francisco have greater access to healthy and nutritious meals, especially
9 from chain restaurants; and therefore be it

10 MOVED, that the San Francisco Youth Commission urges San Francisco's state
11 legislative representatives, including Senator Scott Wiener, Assemblymember Catherine
12 Stefani, and Assemblymember Matt Haney, to take action in support of SB 764
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3 **Supplemental Information:**

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5 See attached document: [Letter of Support]

Youth Commission
City Hall ~ Room 345
1 Dr. Carlton B. Goodlett Place



(415) 554-6446
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1 Dr. Carlton B. Goodlett Place
San Francisco, CA 94102

Senator Scott Wiener
California State Senate
1021 O Street, Ste 8620
Sacramento, CA 95814

Senator Weber Pierson
Capitol Office
1021 O Street, Ste 7310
Sacramento, CA 95814

Re: Support for California Senate Bill 764

Dear Senator Weber Pierson,

San Francisco youth are at risk of higher rates of obesity, diabetes, heart disease, and mental health issues from fast foods served at chain restaurants. In San Francisco, obesity and the lack of access to fresh, nutritious foods is higher among Native Hawaiian/Pacific Islander, Latino, and Black youth. Additionally, two thirds of San Francisco children and teens reporting eating less than 5 servings of fruits and vegetables daily. Good nutrition is critical for growth, development, physical and cognitive function, reproduction, mental health, immunity, and long-term health.

The Youth Commission is a body of 17 youth from San Francisco between the ages of 12 and 23. Created by the voters under a 1995 amendment to the City Charter, the commission is responsible for advising the Board of Supervisors and the Mayor on policies and laws related to young people. The Youth Commission prioritizes youth

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nutrition and access to healthy foods. Meeting psychological needs like food is essential for youth development, enabling them to grow and thrive into impactful adults. The Youth Commission has consistently advocated for greater access to nutritional foods as shown in our 2024-2025 and 2023-2024 Budget and Policy Priorities. Thank you for your continued leadership in California and supporting this pressing youth concern.

Sincerely,

San Francisco Youth Commission 2024-2025