

[Establishing Task Force]

**Resolution establishing a multi-disciplinary task force on childhood nutrition and physical activity.**

WHEREAS, Lifelong habits related to nutrition and fitness are established during childhood and adolescence, with lifelong consequences for health and well-being; and

WHEREAS, The widespread lack of healthy lifestyles for children has become a national epidemic and a health crisis with profound medical implications; and

WHEREAS, The Board of Supervisors has heard testimony from the San Francisco Department of Public Health, the San Francisco Unified School District, the San Francisco Medical Society and others that increasing numbers of children are experiencing type II diabetes, high blood pressure, heart problems, breathing problems, bone and joint difficulties, low self esteem, depression, and stress as a result of being unfit, and that Latino, African American and Pacific Islander children are at highest risk for these health problems; and

WHEREAS, The crisis is deeply rooted in many facets of the lives of our children, from poor nutrition, to dependence on unhealthy foods, to limited physical activity and to increasing time spent in sedentary activities; and

WHEREAS, The opportunities for a healthy childhood are limited by cultural and environmental conditions and obstacles including the lack of access to healthy food options in neighborhoods and schools, poor information concerning nutrition; the lack of safe and secure physical environments conducive to social interaction and physical activity, and the marketing practices of some sections of the food industry; and

1 WHEREAS, This problem will require a multi-pronged approach from many sectors of  
2 the City, including the Department of Public Health, the public schools, the Recreation and  
3 Park Department, the food industry and agricultural sector, the medical community, civil rights  
4 organizations, community-based organizations, as well as families and their children; and,

5 WHEREAS, It is important that a health-centered solution is implemented that does not  
6 lead to the stigmatization or harassment of young people; now, therefore, be it,

7 RESOLVED, That the Board of Supervisors of the City and County of San Francisco  
8 does hereby establish a Task Force on Childhood Nutrition and Physical Activity to develop a  
9 comprehensive plan to address and prevent this serious problem; and, be it

10 FURTHER RESOLVED, That the Task Force shall address the many elements of the  
11 problem, including the need for nutritional and physical activities knowledge for families,  
12 children, and communities, the need for access to affordable and nutritious alternatives to  
13 unhealthy foods in all San Francisco neighborhoods, and the need for safe, culturally  
14 appropriate opportunities for physical activities among children and youth, as well as the need  
15 to find ways to generate revenue to support model interventions and best practices; and, be it

16 FURTHER RESOLVED, That the Task Force shall be chaired and convened by the  
17 Director of the Department of Public Health (or his designee) who shall not be a voting  
18 member of the Task Force, and be comprised of the following 19 members of which 16 shall  
19 be voting members appointed by and serving at the pleasure of the Board:

- 20 • one (1) member to include the director of the Department of Children, Youth and  
21 Families or his/her appointed representative who shall not be a voting member of  
22 the Task Force
- 23 • one (1) member to include the Superintendent of the San Francisco Unified School  
24 District or his/her appointed representative who shall not be a voting member of the  
25 Task Force

- one (1) member to include the director of the Recreation and Park Department or his/her appointed representative who shall not be a voting member of the Task Force
- one (1) member from the Small Business Commission
- one (1) member from the Hotel and Restaurant Workers Union, Local
- one (1) member from the San Francisco Youth Commission
- ~~• one (1) member who is a young person age 23 or under~~
- one (1) member who is a young person between the ages of 12 and 23
- one (1) member who is a parent or guardian
- one (1) member who is a child advocate
- one (1) member from the San Francisco Unified School District Student Advisory Council
- one (1) member from a civil rights organization ~~on size issues~~ addressing weight size discrimination
- ~~• one (1) member from a medical accessibility organization~~ an organization specializing in weight related medical care access issues
- one (1) member from an organization helping all children regardless of physical, medical, or psychiatric disabilities obtain access to medical care and information
- one (1) member who is a pediatrician
- one (1) member who is a child psychologist with expertise in eating disorders
- one (1) member from a research organization with expertise in childhood nutrition and physical fitness
- one (1) member who is a public policy professional with an expertise in health and legislation

- one (1) member from a foundation or philanthropic organization with an interest in physical activity and healthy eating
- one (1) member from an association of regional farmers and food producers involved in sustainable agriculture
- one (1) member from an organization that implements size-neutral youth physical activity programs

and, be it

FURTHER RESOLVED, That the Task Force members shall be appointed for a one year term and that this Task Force shall meet on a regular and consistent basis of at least once a month beginning from the date that the appointment of a quorum of the voting membership of the Task Force becomes effective; and, be it

FURTHER RESOLVED, That the lead agency for this Task Force shall be the Department of Public Health; and, be it

FURTHER RESOLVED, That the Task Force shall coordinate its efforts with the San Francisco Unified School District Nutrition and Physical Fitness Advisory Committee and shall coordinate and support existing programs; and, be it

FURTHER RESOLVED, That the Task Force acknowledges and supports San Francisco's non-discrimination policy regarding height and weight and shall ensure that its work is conducted with respect for all children; and, be it

FURTHER RESOLVED, That this Task Force shall submit a progress report within six months of the establishment of this Task Force and shall submit a final report at its sunset detailing its findings, concerns, and recommendations to the Board of Supervisors; and, be it

FURTHER RESOLVED, That the Task Force shall sunset one year from the date that the appointment of a quorum of the voting membership of the Task Force becomes effective unless extended by the Board of Supervisors.



# City and County of San Francisco

City Hall  
1 Dr. Carlton B. Goodlett Place  
San Francisco, CA 94102-4689

## Tails

### Resolution

---

**File Number:** 021951

**Date Passed:**

Resolution establishing a multi-disciplinary task force on childhood nutrition and physical activity.

---

August 12, 2003 Board of Supervisors — AMENDED

Ayes: 8 - Ammiano, Daly, Dufty, Gonzalez, Ma, Maxwell, McGoldrick, Newsom

Excused: 3 - Hall, Peskin, Sandoval

August 12, 2003 Board of Supervisors — ADOPTED AS AMENDED

Ayes: 8 - Ammiano, Daly, Dufty, Gonzalez, Ma, Maxwell, McGoldrick, Newsom

Excused: 3 - Hall, Peskin, Sandoval

File No. 021951

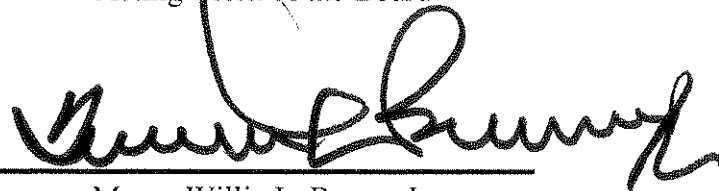
I hereby certify that the foregoing Resolution  
was ADOPTED AS AMENDED on August  
12, 2003 by the Board of Supervisors of the  
City and County of San Francisco.

AUG 22 2003

---

Date Approved

  
\_\_\_\_\_  
Kay Gulbengay  
Acting Clerk of the Board

  
\_\_\_\_\_  
Mayor Willie L. Brown Jr.